## Elkhorn Relay 2020 August 8th, 2020

## Outdoor Recreation Safety Measures Due to COVID-19

- Teams of 6 will be running together and asked to stay with their group or socialize safely with the recommended 6-foot distance. E-mails prior to the race will contain this information and signs will be posted at aid stations.
- Routes are marked off one way with no overlapping.
- Aid stations will be maintained and wiped down by volunteers frequently during the day. Hand sanitizer will be made available in all portable restrooms.
- Signs will be posted and emails will be sent out reminding runners to cancel if they are symptomatic.
- The finish line will be set up to safely have teams spaced out from other teams and seated together. Food will be provided by the restaurant located at Anthony Lakes Lodge, they will be following guidelines and recommendations as well.
   Teams will be encouraged to disperse quickly and reminded of social distance via signage and PA system.
  - The finish and start line are both spacious and we will encourage teams to take advantage of this.
- Common areas will be wiped down frequently and staff will be monitoring the
  physical distance of participants, if participants are not able to social distance
  they will be required to wear a mask at all transitions and the finish line.
- Racers are encouraged to be self-contained including food and water. Water may be provided in single-use bottles.
- If still recommended by Oregon Health Authority at the time of the race, volunteers and race directors will wear face masks in accordance with the OHA recommendations.